

TRADEWINDS

SHARED

CHICKEN CHILI NACHOS* \$16
mozzarella, chicken chili, pico de gallo, jalapenos, sour cream

BUFFALO CHICKEN WINGS* \$14
celery & bleu cheese dressing

CHICKEN QUESADILLA* \$13
pico de gallo, sour cream & guacamole

JUMBO LUMP CRAB CAKE* \$15
Cajun remoulade, fresh lemon

FLATS

16" HOUSE CRAFTED PIZZA \$18
additional toppings \$1 each~
pepperoni, ham, sausage, peppers, onions, mushrooms, olives, extra cheese

MARGHERITA FLATBREAD* \$15
roma tomatoes, shaved parmesan, arugula

PROSCIUTTO, GOAT CHEESE, & ARUGULA FLATBREAD* \$14

LADLES & GREENS

Add Chicken* \$6, Grilled Salmon* \$8 Seared Tuna* \$9

NEW ENGLAND CLAM CHOWDAH*
\$6 Cup
\$7 Bowl

CHEF'S LADEL OF THE DAY
\$5 Cup
\$6 Bowl

CAESAR SALAD \$10
romaine, shaved parmesan, creamy caesar, crouton

THE FIELD \$9
arugula & field greens, goat cheese, candied walnuts, cranberries, teardrop tomatoes, white balsamic vinaigrette

TOSSED GREEN SALAD \$5
carrots, cucumber, tomatoes, choice of dressing

HANDHELDS

ICON BURGER* \$15
kobe beef, cheddar cheese, LTOP, mayo, brioche, fries

PATRIOT BURGER* \$16
C.A.B. cheddar cheese, bacon, bbq sauce, LTOP, brioche, fries

MUSHROOM SWISS BURGER* \$15
C.A.B. sautéed cremini, swiss, LTOP, brioche, fries

NEW ENGLAND LOBSTER ROLL* \$19
split bun, chunky lobster, mayo, fries

FISH & CHIPS* \$20

CHICKEN CLUB \$14
grilled chicken, bacon, lettuce, tomato, mayo, pickle, sourdough, fries

VEGGIE BURGER \$13
guacamole, LTOP, brioche, fries

PLEASE INDICATE ANY FOOD ALLERGIES YOU MAY HAVE. ITEMS ARE COOKED TO ORDER. *CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.

TRADEWINDS

MAINS

After 5PM

BAKED BOSTON COD \$22

lemon herb panko crumbs, smashed baby reds, fresh vegetable, lemon butter sauce

NY STRIP \$38

12oz. C.A.B. USDA Choice center cut, red wine sauce, mashed potatoes, fresh vegetable

PANKO CRUSTED CHICKEN \$22

lemon caper sauce, mashed potatoes, fresh vegetable

CHICKEN PENNE ALFREDO \$21

artichoke, asparagus, parmesan cream sauce
Offered vegetarian style \$16

LOBSTER MAC N CHEESE \$26

buttered lobster, gruyere, cheddar, herbed crumbs
Offered vegetarian style \$18

SWEETS

BOSTON CREAM PIE \$8

NY CHEESECAKE \$8

raspberry sauce

SUNDAES \$8 - VANILLA, CHOCOLATE, OR STRAWBERRY

Chocolate or Strawberry Sauce, Whipped Cream and Jimmies

MOLTON LAVA CHOCOLATE CAKE \$8

KID'S MENU

GRILLED CHEESE \$6.95

crispy sourdough, fries or fresh fruit

KID'S CHEESEBURGER \$8.95

fries or fresh fruit

KIDS PERSONAL PIZZA \$6.95

fries or fresh fruit

with pepperoni \$7.95

KID'S PASTA \$8.95

served with marinara or butter
fries or fresh fruit

CHICKEN FINGERS \$6.95

fries or fresh fruit



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