

# VAIL SUMMER ACTIVITIES



**GOLFING:** With stunning mountain backdrops and 300 days of sunshine, Vail is a top destination for world-class courses. The valley's courses provide options for beginners to the game's experts.

**ADVENTURE RIDGE ON VAIL MOUNTAIN AND ROCK CLIMBING:** Thrills to beat on the top of Vail Mountain. Open

winter and summer featuring endless activities including tubing, ropes course, mountain coaster, zip line, and more.

**HORSEBACK RIDING:** A unique way to explore the backcountry of the Rocky Mountains. Hire a guide from the many area ranches to customize an experience just right for you.

**RAFTING AND KAYAKING:** Vail features its own Whitewater Park in the heart of the village as well as Class I to Class V river trips on the Eagle, Colorado, and Arkansas rivers.

**STAND UP PADDLE BOARDING:** Classes are offered all through the valley from river SUP, yoga SUP, or enjoy a relaxing paddle on Nottingham Lake in the town of Avon where rentals are available on the beach.

**ART IN PUBLIC PLACES:** Meet at the Vail Village Information Center for a free 1-hour walking tour of Vail's public art. Exhibits rotate annually. Every afternoon through winter and summer seasons.

**FLY FISHING:** Expert guides will take you to the exclusive hot spots in the Vail Valley. Enjoy this relaxing summer activity with a variety of tour available.

**JEEP TOURS:** Vail is surrounded by forestland where off-road and ATV experiences are abundant. Endless trail routes over ridgelines, climb to summits, all while learning the history of the area.

**BETTY FORD ALPINE GARDENS & NATURE CENTER:** The world's highest botanical garden at 8,200 feet settled in the shadow of Colorado's Gore



Range. Wide variety of interactive programs for children and adults. Open to the public Memorial

to Labor day.

**BRAVO VAIL MUSIC FESTIVAL:** The country's top three orchestra's perform in the most idyllic mountain setting. Bring a picnic or enjoy a beverage on the lawn at Gerald R. Ford Amphitheatre, where music moves mountains. Also note free concerts and educational programs throughout the summer.

**JAZZ FESTIVAL:** A celebration of jazz music and education for musicians and audiences. Vail Jazz offers six unique performance series and three signature educational programs. Tap your feet along with the band in Vail Village during the Farmer's Market each Sunday.

**HOT SUMMER NIGHTS:** Each Tuesday night brings a new band to Gerald R. Ford Amphitheatre. Round up your crew for a fun night of FREE music, beer tastings by Crazy Mountain Brewery, dancing and fun.



**MOUNTAIN BIKING:** Lose track of time on the breathtaking, winding mountain top and valley trails. Adrenaline junkies will find the downhill Vail Mountain tracks invigorating and thrilling. Rentals available.

**TENNIS:** Take lessons from a tennis professional or hit the courts for some friendly competition and exercise on one of Vail's numerous courts.