



CHAVANA
— SPA —



Open 9 am to 10 pm

Open 8 am to 11 pm - *weekends and public holidays*

DoubleTree by Hilton Moscow- Marina

Chavana Spa opens up a whole new world of Balinese spa experiences.

Chavana Indulgence *2 hrs 35 mins Rub 12800*

Immerse yourself in an unforgettable spa experience with this exquisite package. Citrus Footbath ~ Herbal Steam ~ Hibiscus Body Scrub ~ Hydrobath ~ Chavana Massage ~ Foot Massage ~ [comfort zone] Refresher Facial.

Journey of the Senses *2 hrs 25 mins Rub 10500*

Immerse yourself in an unforgettable journey of the senses. Citrus Footbath ~ Choice of Hydrobath or Herbal Steam ~ Uplifting Body Wash and Choice of Botanical Body Polish ~ Traditional Balinese Massage ~ [comfort zone] Refresher Facial.

Perfect Harmony (for two persons) *1 hr 25 mins Rub 12800*

Experience side-by-side the revitalising benefits of a bath and massage to renew energy flow and provide you a greater overall sense of well-being. Citrus Footbath ~ Choice of Hydrobath or Herbal Steam ~ Traditional Balinese Massage ~ Relaxation Time with Seasonal Fruit Platter and Tea Selection.

East Meets West

With choice of 1-hour Facial 1 hr 55 mins Rub 8700
With choice of 50-min Massage 1 hr 45 mins Rub 8700

Indulge your senses. Our selection of Asian detoxifying body wrap combined with dry floatation and your choice of anti-aging facial or body massage that will leave you renewed, revitalised and in a state of total bliss.

Citrus Footbath ~ Green Tea Body Wrap with Bain de Jouvence – Dry Float ~ Choice of [comfort zone] 1-hour Anti-Aging Facial or Choice of 50-minute Traditional Balinese Massage, Muscle Ease Massage or Asian Foot Massage.

Heaven & Earth *1 hr 25 mins Rub 6400*

This treatment package begins with a Citrus Footbath, followed by the Traditional Balinese Massage to unwind and a choice of Foot Massage or [comfort zone] Refresher Facial to leave you glowing.

Chavana Massage *1 hr 20 mins Rub 9400*
50 mins Rub 6500

Muscle Ease Massage *1 hr 20 mins Rub 5800*
50 mins Rub 5000

Traditional Balinese Massage *1 hr 20 mins Rub 5800*
50 mins Rub 5000

Warm Stone Massage *50 mins Rub 5000*

Asian Foot Massage *50 mins Rub 4500*

Express Massage *30 mins Rub 3000*

Signature Selection

Intensive* *1 hr 40 mins Rub 8700*

EndoSphères® Therapy

EndoSphères® Therapy *1 hr 20 mins Rub 7700*

An effective exposure of innovative and non-invasive procedure, based on micro vibration impact. Focused on cellulite control, body contouring, muscle toning and collagen pathway stimulation, with immediate visible results from the first session.

**The intensive therapy option include a body mask to detoxify, treat cellulite, tone and lift, performed in the Bain de Jouvence - Dry Float.*

Face

Discover the elixir of youth with our selection of Comfort Zone and St Barth's high-performance facials, to achieve the best results and maintain healthy radiant skin.

Pureness by St. Barth *1 hr Rub 6200*

Urban Longevity *1 hr Rub 6000*

Hydrmemory

Purify Active Pureness *1 hr Rub 5000*

Rebalance Remedy *1 hr Rub 5000*

Recover Touch *1 hr Rub 5000*

Anti-Aging

Lifting
Sublime Skin Deluxe Lift *1 hr 30 mins Rub 8500*

Sublime Skin Active Lift *1 hr Rub 7500*

Sublime Skin Double Peel *1 hr Rub 6000*

Sublime Skin Active Lift - For Men *1 hr Rub 7500*

Pure Performance for Men *1 hr Rub 5000*

Eye Supreme *30 mins Rub 2000*

Body Treatments

Offering an exclusive range of Comfort Zone and St. Barth body treatments, each one designed and tailored specifically to ensure you experience the best physical and therapeutic benefits depending on your needs.

Tranquility Royal Ritual 2 hrs Rub 7500

Exclusive anti-stress nutrition treatment for face and body.

A precious sensorial synergy of delicate textures, aromacological scents and the power of human touch for a unique experience to deeply relax the body and mind. Bestows a pleasant sensation of well-being, relaxation of tight muscles, improved circulation, profound hydration and tone.

Citrus Footbath ~ Nourishing Anti-Stress Facial ~ Aromasoul Body Scrub ~ Tranquility Massage.

Cocktail by St. Barth 1 hr 30 mins Rub 7200

Begin with a footbath, followed by a pampering body mask; selecting your choice of fresh components and application of a fruit mask, whilst a relaxing head and foot massage helps stimulate and provide a feeling of lightness. This body treatment provides the skin with intensive lifting, toxin removal and moisture boost, resulting in finer and firmer skin. Finally, enjoy an aroma massage, leaving your skin silky smooth.

Citrus Footbath ~ Body Wrap with selection of Body Masks by St. Barth ~ Head Massage ~ Foot Massage ~ Aroma Massage with your choice of exclusive Body Lotion by St. Barth.

Reduce / Drain / Tonify 1 hr 30 mins Rub 6000

**Body Strategist
+ Cellulite Remodeller**

Body Strategist 1 hr 30 mins Rub 6000

+ Bagni Di Pisa Thermal Mud

Body Strategist 1 hr 30 mins Rub 6000

+ Grotta Giusti Spa Mud

Softness by St. Barth 1 hr 15 mins Rub 5800

Aromasoul Ritual Scrub 1 hr 15 mins Rub 5000

Add-On for Body Treatments

Bain de Jouvence - Dry Float 20 mins Rub 1400

The Salon

Colour Space

Mask with Vibrachrom

Long hair	Rub 4300
Medium length hair	Rub 3300
Short hair	Rub 2300

Finest Pigments

Long hair	Rub 4900
Medium length hair	Rub 3900
Short hair	Rub 2900

L' Art De Color

Long hair	Rub 5500
Medium length hair	Rub 4500
Short hair	Rub 3500

Well-being Space

Your personal beauty recipe for hair 1 hr 15 mins Rub 4800

Detoxifying 1 hr Rub 4300

Replumping 1 hr Rub 3800

Styling Space

Cut, Wash and Blow Dry

Long hair	Rub 3800
Medium length hair	Rub 3000
Short hair	Rub 2500

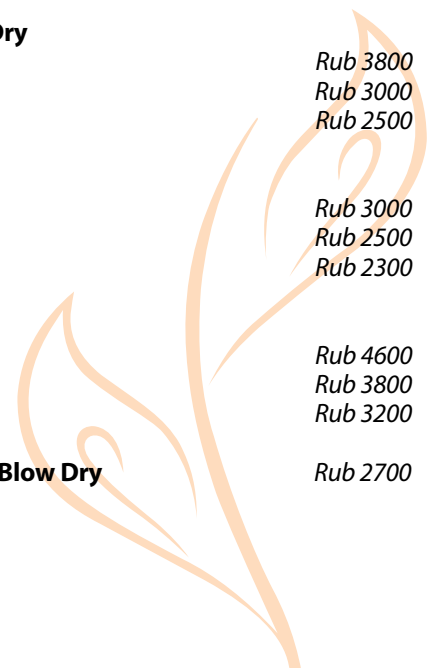
Wash and Blow Dry

Long hair	Rub 3000
Medium length hair	Rub 2500
Short hair	Rub 2300

Hair Styling

Long hair	Rub 4600
Medium length hair	Rub 3800
Short hair	Rub 3200

Men's Cut, Wash and Blow Dry Rub 2700



Manicure & Pedicure

Spa Pedicure	<i>1 hr 20 mins</i>	<i>Rub 3300</i>
Spa Manicure	<i>1 hr 10 mins</i>	<i>Rub 2200</i>
Express Manicure or Pedicure	<i>30 mins</i>	<i>Rub 1800</i>

Waxing

Brazilian Bikini	<i>Rub 2500</i>
Bikini	<i>Rub 1800</i>
Full Leg	<i>Rub 1800</i>
Half Leg	<i>Rub 1200</i>
Full Arm	<i>Rub 1200</i>
Underarm	<i>Rub 700</i>
Face	<i>Rub 700</i>

Supplementary Services

Eyebrow Shape and Tint	<i>Rub 1000</i>
Eyebrow Tint or Eyelash Tint	<i>Rub 600</i>
Eyebrow Shape	<i>Rub 600</i>
French Nail Polish	<i>Rub 600</i>
Nail Colour Change	<i>Rub 400</i>

Solarium

<i>Per 1 min</i>	<i>Rub 80</i>
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Spa Basics

Should I reserve my treatments?

Yes, either phone or visit the spa to book a reservation at your earliest convenience so we may accommodate your schedule.

When should I arrive?

Please arrive 15 minutes before the scheduled time to check-in and change.

What if I have special health considerations?

Please notify our Spa Manager or Receptionist before booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. If you have any concern at all, let us know.

What if I'm late for my appointment?

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed.

What facilities can I use if I have booked a treatment?*

You may use the wet facilities, which includes hammam, sauna and swimming pool with compliments. A locker is provided for your personal effects with amenities for your convenience.

Hotel guests have complimentary access to these facilities.

What do I wear during my treatment?

You may wish to wear your own bikini or briefs, or we can provide you with hygienic disposable briefs. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

What about my valuables?

We advise guests not to bring valuables to the Spa as we do not accept liability for loss.

What if I need to cancel a spa reservation?

The treatments you select are reserved especially for you. Guests will be charged 50% for treatments not cancelled six hours in advance.

What about payment for spa services?

You may charge spa services to your hotel bill. We accept all major credit cards.

All prices are quoted in Rubbles and inclusive of VAT.

***For Salon guests, a 20% discount is extended for usage of wet facilities, including hammam, sauna and swimming pool. For more information, please contact the spa reception.*



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Chavana Spa
DoubleTree by Hilton Moscow - Marina
Bld 1, 39 Leningradskoe shosse,
Moscow, 125212,
Russia

Tel : +7 495 212 2060

Tel : +7 495 212 2020

Email : receptionspa@dtmarina.ru

www.chavanaspa.com

www.doubletreemoscow.ru

[Facebook.com/ChavanaSpaMoscow](https://www.facebook.com/ChavanaSpaMoscow)

Instagram: @Chavana.Spa.Moscow



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A Mandara Spa Company