



CHAVANA
— SPA —



Open 7am to 11pm

DoubleTree by Hilton Moscow- Marina

Chavana Spa opens up a whole new world of Balinese spa experiences.

Chavana Indulgence 2 hrs 35 mins Rub 13500 | Rub 15800*
Immerse yourself in an unforgettable spa experience with this exquisite package. Citrus Footbath ~ Herbal Steam ~ Hibiscus Body Scrub ~ Hydrobath ~ Chavana Massage ~ Foot Massage ~ [comfort zone] Refresher Facial.

Journey of the Senses 2 hrs 25 mins Rub 11 000 | Rub 13500*
Immerse yourself in an unforgettable journey of the senses. Citrus Footbath ~ Choice of Hydrobath or Herbal Steam ~ Uplifting Body Wash and Choice of Botanical Body Polish ~ Traditional Balinese Massage ~ [comfort zone] Refresher Facial.

Perfect Harmony (for two persons) 1 hr 25 mins Rub 13 200 | Rub 15800*
Experience side-by-side the revitalising benefits of a bath and massage to renew energy flow and provide you a greater overall sense of well-being. Citrus Footbath ~ Choice of Hydrobath or Herbal Steam ~ Traditional Balinese Massage ~ Relaxation Time with Seasonal Fruit Platter and Tea Selection.

East Meets West
With choice of 1-hour Facial 1 hr 55 mins Rub 9000 | Rub 10500*
With choice of 50-min Massage 1 hr 45 mins Rub 9000 | Rub 10500*
Indulge your senses. Our selection of Asian detoxifying body wrap combined with dry floatation and your choice of anti-aging facial or body massage that will leave you renewed, revitalised and in a state of total bliss.
Citrus Footbath ~ Green Tea Body Wrap with Bain de Jouvence – Dry Float ~ Choice of [comfort zone] 1-hour Anti-Aging Facial or Choice of 50-minute Traditional Balinese Massage, Muscle Ease Massage or Asian Foot Massage.

Heaven & Earth 1 hr 25 mins Rub 6 700 | Rub 8 000*
This treatment package begins with a Citrus Footbath, followed by the Traditional Balinese Massage to unwind and a choice of Foot Massage or [comfort zone] Refresher Facial to leave you glowing.

Chavana Massage 1 hr 20 mins Rub 9 700 | Rub 11 500*
50 mins Rub 6 700 | Rub 8 000*

Muscle Ease Massage 1 hr 20 mins Rub 6 000 | Rub 7 000*
50 mins Rub 5 200 | Rub 6 200*

Traditional Balinese Massage 1 hr 20 mins Rub 6 000 | Rub 7 000*
50 mins Rub 5 200 | Rub 6 200*

*Applicable on all weekends & holidays.

Warm Stone Massage 50 mins Rub 5 200 | Rub 6 200*

Asian Foot Massage 50 mins Rub 4 700 | Rub 6 000*

Express Massage 30 mins Rub 3 000 | Rub 4 000*

Signature Selection

EndoSphères® Therapy 1 hr 20 mins Rub 7 700
An effective exposure of innovative and non-invasive procedure, based on micro vibration impact. Focused on cellulite control, body contouring, muscle toning and collagen pathway stimulation, with immediate visible results from the first session.

Face

Discover the elixir of youth with our selection of Comfort Zone high-performance facials, to achieve the best results and maintain healthy radiant skin.

Urban Longevity 1 hr Rub 5000 | Rub 6000*

Hydramemory 1 hr Rub 5000 | Rub 6000*

Purify Active Pureness 1 hr Rub 5000 | Rub 6000*

Rebalance Remedy 1 hr Rub 5000 | Rub 6000*

Recover Touch 1 hr Rub 5000 | Rub 6000*

Anti-Aging

Lifting

Sublime Skin Deluxe Lift 1 hr 30 mins Rub 7 500 | Rub 8 000*

Sublime Skin Active Lift 1 hr Rub 6500 | Rub 7000*

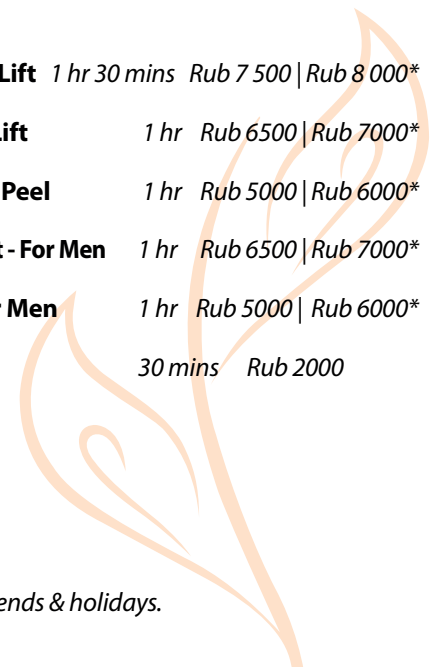
Sublime Skin Double Peel 1 hr Rub 5000 | Rub 6000*

Sublime Skin Active Lift - For Men 1 hr Rub 6500 | Rub 7000*

Pure Performance for Men 1 hr Rub 5000 | Rub 6000*

Eye Supreme 30 mins Rub 2000

*Applicable on all weekends & holidays.



Body Treatments

Offering an exclusive range of Comfort Zone and St. Barth body treatments, each one designed and tailored specifically to ensure you experience the best physical and therapeutic benefits depending on your needs.

Tranquility Royal Ritual 2 hrs Rub 8000 | Rub 9000*

Exclusive anti-stress nutrition treatment for face and body.

A precious sensorial synergy of delicate textures, aromacological scents and the power of human touch for a unique experience to deeply relax the body and mind. Bestows a pleasant sensation of well-being, relaxation of tight muscles, improved circulation, profound hydration and tone.

Citrus Footbath ~ Nourishing Anti-Stress Facial ~ Aromasoul Body Scrub ~ Tranquility Massage.

Cocktail by St. Barth 1 hr 30 mins Rub 8000 | Rub 9000*

Begin with a footbath, followed by a pampering body mask; selecting your choice of fresh components and application of a fruit mask, whilst a relaxing head and foot massage helps stimulate and provide a feeling of lightness. This body treatment provides the skin with intensive lifting, toxin removal and moisture boost, resulting in finer and firmer skin. Finally, enjoy an aroma massage, leaving your skin silky smooth.

Citrus Footbath ~ Body Wrap with selection of Body Masks by St. Barth ~ Head Massage ~ Foot Massage ~ Aroma Massage with your choice of exclusive Body Lotion by St. Barth.

Reduce / Drain / Tonify

Body Strategist + Cellulite Remodeller

1 hr 30 mins Rub 6 200 | Rub 7 000*

Body Strategist + Bagni Di Pisa Thermal Mud

1 hr 30 mins Rub 6 200 | Rub 7 500*

Body Strategist + Grotta Giusti Spa Mud

1 hr 30 mins Rub 6 200 | Rub 7 500*

Softness by St. Barth 1 hr 15 mins Rub 6 000 | Rub 6 500*

Aromasoul Ritual Scrub 1 hr 15 mins Rub 6 000 | Rub 6 500*

Add-On for Body Treatments

Bain de Jouvence - Dry Float

20 mins Rub 1 500

*Applicable on all weekends & holidays.

The Salon

Colour Space

Mask with Vibrachrom

Long hair Rub 4 300
Medium length hair Rub 3 300
Short hair Rub 2 300

Finest Pigments

Long hair Rub 4 900
Medium length hair Rub 3 900
Short hair Rub 2 900

VIEW System for permanent coloring

Long hair Rub 4 000
Medium length hair Rub 2 700
Short hair Rub 1 500

Blonding | Hair highlights

Long hair Rub 5 500
Medium length hair Rub 4 500
Short hair Rub 3 500

Well-being Space

Your personal beauty recipe for hair 1 hr 15 mins Rub 4 800

Detoxifying 1 hr Rub 4 300

Replumping 1 hr Rub 3 800

Styling Space

Cut, Wash and Blow Dry

Long hair Rub 3 800
Medium length hair Rub 3 000
Short hair Rub 2 500

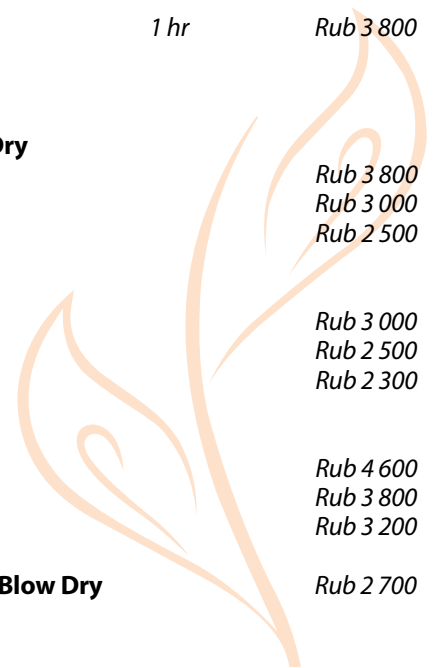
Wash and Blow Dry

Long hair Rub 3 000
Medium length hair Rub 2 500
Short hair Rub 2 300

Hair Styling

Long hair Rub 4 600
Medium length hair Rub 3 800
Short hair Rub 3 200

Men's Cut, Wash and Blow Dry Rub 2 700



Manicure & Pedicure

Spa Pedicure	1 hr 30 mins	Rub 4 900
Spa Manicure	1 hr 15 mins	Rub 3 900
Pedicure Gel Polish	1 hr 30 mins	Rub 4 500
Manicure Gel Polish	1 hr 15 mins	Rub 3 500
Pedicure	1 hr 15 mins	Rub 3 300
Manicure	1 hr	Rub 2 200

** Select your preference of using classic or hardware technique for your nail service.*

Express Pedicure	30 mins	Rub 2 000
Express Manicure	30 mins	Rub 1 800

Supplementary Services

Foot or Hand Spa treatment	30 mins	Rub 2000
Gel Polish	30 mins	Rub 2000
French Nail Polish	15 mins	Rub 800
Nail Colour Change	15 mins	Rub 500
Removing Gel Polish	20 mins	Rub 500

Waxing or Sugaring

Brazilian Bikini	Rub 3 000
Bikini	Rub 2 200
Full Leg	Rub 2 200
Half Leg	Rub 1 700
Full Arm	Rub 1 500
Underarm	Rub 700
Face	Rub 700

Supplementary Services

Eyebrow Shape and Tint	Rub 1 000
Eyebrow Tint or Eyelash Tint	Rub 600
Eyebrow Shape	Rub 600

Spa Basics

Should I reserve my treatments?

Yes, either phone or visit the spa to book a reservation at your earliest convenience so we may accommodate your schedule.

When should I arrive?

Please arrive 15 minutes before the scheduled time to check-in and change.

What if I have special health considerations?

Please notify our Spa Manager or Receptionist before booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. If you have any concern at all, let us know.

What if I'm late for my appointment?

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed.

What facilities can I use if I have booked a treatment?*

You may use the wet facilities, which includes hammam, sauna and swimming pool with compliments. A locker is provided for your personal effects with amenities for your convenience.

Hotel guests have complimentary access to these facilities.

What do I wear during my treatment?

You may wish to wear your own bikini or briefs, or we can provide you with hygienic disposable briefs. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

What about my valuables?

We advise guests not to bring valuables to the Spa as we do not accept liability for loss.

What if I need to cancel a spa reservation?

The treatments you select are reserved especially for you. Guests will be charged 50% for treatments not cancelled six hours in advance.

What about payment for spa services?

You may charge spa services to your hotel bill. We accept all major credit cards.

All prices are quoted in Rubbles and inclusive of VAT.

***For Salon guests, a 20% discount is extended for usage of wet facilities, including hammam, sauna and swimming pool. For more information, please contact the spa reception.*



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A Mandara Spa Company